

# Taking opioids for symptoms other than pain

(i.e., for anxiety, depression, sleep, or to produce euphoria)



## RECOMMENDED

- Detailed assessment to understand why patient is using the opioid for symptoms other than pain
- Explore differential diagnosis of potential underlying problems (e.g., depression)
- Patient education regarding appropriate and safe use of opioids
- Discuss or refer for non-opioid therapies (e.g., non-opioid pharmacologic therapies, non-pharmacologic therapies)
- Make a referral (e.g., to a psychologist, psychiatrist, or to an addiction treatment program)



## NOT RECOMMENDED

Stop opioid therapy immediately

Patient continues to take opioids for symptoms other than pain



## RECOMMENDED

Taper Opioids



## CONSIDER

Stop opioid therapy immediately